## School Name:

Mobridge Pollock High School

## Students Baker(s):

Mosset, Briana
Reiss, Alexis


## Recipe Worksheet

| School Name | Mobridge Pollock School |
| :--- | :--- |
| Educator Name | Ella Gonzales |


| Menu Item | St. Patrick's Rainbow Cake with Pot of Gold |  |  |
| :--- | :--- | :--- | :---: |
| Number of Portions | 36 | Portion Size $\quad 3 \mathrm{oz}$ |  |
| Cooking Method(s) | Bake | Marek, Evangeline. "Moist vanilla cake recipe with easy <br> buttercream". Sugar Geek Recipes. <br> https://www.youtube.com/watch?v=34Qu9kZn1lw, |  |
| Recipe Source (MLA) |  |  |  |


| Ingredients |  |
| :--- | :--- |
| Item | Amount |
| Rainbow Cake: | 24 oz |
| Butter | 12 oz |
| Egg Whites | 18 pcs |
| All-purpose Flour | 32 oz |
| Baking Powder | 1.5 oz |
| Almond Extract | .25 oz |
| Salt | .5 oz |
| Vanilla extract | 30 oz |
| Milk | 6 oz |
| Vegetable Oil | 2 oz |
| Food coloring |  |
| Frosting: | 12 oz |
| Butter | 12 oz |
| Shortening | .5 oz |
| Vanilla | 96 oz |
| Powdered Sugar | 6 oz |
| Milk | 6 oz |
| Corn Syrup | 2 oz |
| Food coloring |  |
| Fondant: | 9 oz |
| Tapioca starch | 66 oz |
| Powdered sugar | 36 oz |
| Shortening |  |


| Ingredients |  |
| :--- | :--- |
| Item | Amount |
| Tylose powder | 4.5 oz |
| Food coloring | 2 oz |

## Procedure

To make the rainbow cake:

1. Preheat your oven to 350 degrees. Prepare round cake pans by greasing and flouring or adding parchment to bottom of the pan.
2. Combine butter, egg whites, all-purpose flour, baking powder, almond extract, salt, vanilla, milk, vegetable oil, and desired food coloring in a mixing bowl and mix with paddle attachment.
3. Beat on medium speed. Scrape bowl to be sure all ingredients are thoroughly blended.
4. Divide batter into pans and bake at 350 degrees for 25-35 minutes.

To make the buttercream icing:

1. Cream butter and shortening with electric mixer then add vanilla.
2. Gradually add sugar one cup at a time, beating well on medium speed.
3. Scrape sides and bottom of bowl often.
4. When all sugar has been mixed in, icing will appear dry.
5. Add milk and beat at medium speed until light and fluffy.

To make fondant:

1. Combine tapioca starch, 8 oz powdered sugar, and 4 tablespoons of water in a glass bowl. (Mixture 1)
2. Microwave for 1 minute and 30 seconds.
3. In a separate container, sift 14 oz powdered sugar and tylose powder. Mix with shortening. (Mixture 2)
4. Combine mixture 1 and mixture 2 until well blended.
5. Add 2-3 drops of food color if needed. Knead until soft.

Recipe Cost Worksheet

| School Name | Mobridge Pollock School |  |
| :--- | :--- | :--- |
| Educator Name | Ella Gonzales |  |
| Menu Item | St. Patrick's Rainbow Cake with Pot of Gold |  |
| Number of Portions | 36 | Portion Size |


| Ingredient | Purchase Unit | Purchase cost | Unit cost | Amount Needed | Ingredient Cost |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Cake: |  |  |  |  |  |
| Butter | 32 oz | 4.18 | . 13 | 24 oz | 3.13 |
| Sugar | $4 \mathrm{lb} / 64$ oz | 5.39 | . 08 | 12 oz | 1.01 |
| Eggs | 12 pcs | 5.00 | . 42 | 18 pcs | 7.5 |
| Flour | $5 \mathrm{lb} / 8 \mathrm{oz}$ | 3.00 | . 37 | 32 oz | 1.2 |
| Baking powder | 8 oz | 1.98 | . 25 | 1.5 oz | . 37 |
| Salt | 26 oz | 1.59 | . 06 | . 25 oz | . 01 |
| Almond extract | 2 oz | 6.99 | 3.5 | . 5 oz | 1.74 |
| Milk | $1 \mathrm{gal} / 128 \mathrm{oz}$ | 3.13 | . 02 | 30 oz | . 73 |
| Vegetable Oil | $1 \mathrm{gal} / 128 \mathrm{oz}$ | 8.97 | . 07 | 6 oz | . 42 |
| Food coloring | 4 oz | 12.48 | 3.12 | 2 oz | 6.24 |
| Frosting: |  |  |  |  |  |
| Butter | 32 oz | 4.18 | . 13 | 12 oz | 1.56 |
| Shortening | 48 oz | 8.54 | . 18 | 12 oz | 2.13 |
| Vanilla extract | 1 oz | 3.99 | 3.99 | . 5 oz | 1.99 |
| Powdered Sugar | 32 oz | 2.34 | . 07 | 96 oz | 7.02 |
| Milk | $1 \mathrm{gal} / 128 \mathrm{oz}$ | 3.13 | . 02 | 6 oz | . 12 |
| Corn Syrup | 32 oz | 5.72 | . 17 | 6 oz | 1.07 |
| Food coloring | 4 oz | 12.48 | 3.12 | 2 oz | 6.24 |
| Fondant: |  |  |  |  |  |
| Tapioca starch | 24 oz | 11.99 | . 5 | 9 oz | 4.50 |
| Powdered sugar | 32 oz | 2.34 | . 07 | 66 oz | 4.53 |


| Ingredient | Purchase <br> Unit | Purchase <br> cost | Unit cost | Amount <br> Needed | Ingredient <br> Cost |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Shortening | 48 oz | 8.54 | .18 | 36 oz | 6.48 |
| Tylose powder | 6 oz | 12.99 | 2.16 | 4.5 oz | 9.74 |
| Food coloring | 4 oz | 12.48 | 3.12 | 2 oz | 6.24 |


| Subtotal | 74.27 |
| :--- | :--- |
| Total Recipe Cost | 74.30 |

## Cake Menu Price Worksheet

| School Name | Mobridge Pollock School |
| :--- | :--- |
| Educator Name | Ella Gonzales |


| Recipe |  |
| :--- | :--- |
| Cake: | Cost |
| Butter | 3.13 |
| Sugar | 1.01 |
| Eggs | 7.5 |
| Flour | 1.2 |
| Baking powder | .37 |
| Salt | .01 |
| Almond extract | 1.74 |
| Milk | .73 |
| Vegetable Oil | .42 |
| Food coloring | 6.24 |
| Frosting: |  |
| Butter | 1.56 |
| Shortening | 2.13 |
| Vanilla extract | 1.99 |
| Powdered Sugar | 7.02 |
| Milk | .12 |
| Corn Syrup | 1.07 |
| Food coloring | 6.24 |
| Fondant: | 4.50 |
| Tapioca starch | 6.48 |
| Powdered sugar |  |
| Shortening | 1.53 |
|  |  |


| Tylose powder | Cosipe |
| :--- | :--- |
| Food coloring | 9.74 |


| Total Cost | 74.30 |
| :--- | :--- |
| Menu Price at 33\% Food Cost | 225.15 |
| Labor (work hours 2 x \$20 per hour) | 40.00 |
| Actual Cake Price | 265.15 |

